

# VALGOLD RESOURCES LTD.

1400 - 570 Granville Street Vancouver, B.C. Canada V6C 3P1



November 1, 2005

### VIA FEDERAL EXPRESS

Tel: (604) 687-4622 Fax: (604) 687-4212 Toll free: 1-888-267-1400

United States Securities and Exchange Commission Office of International Corporate Finance 100 F Street, N.E. Washington, D.C. U.S.A. 20549

Dear Sirs/Mesdames:

Re: ValGold Resources Ltd. (the "Company")

Rule 12(g)3-2(b) Exemptions – File #82-3339

Under the United States Securities Exchange Act of 1934

NOV 07 2005

Please find enclosed for 12(g) Exemption status the documents required to be filed with the British Columbia Securities Commission and the TSX Venture Exchange. Please note that the Company is a foreign issuer and its securities are neither traded in the United States nor quoted on NASDAQ.

We trust that the information included in this package is complete. However, should you have any questions regarding the foregoing, please do not hesitate to contact the writer.

Sincerely,

Rodrigo A. Romo

Paralegal

for VALGOLD RESOURCES LTD.

**Enclosures** 

# ValGold Resources Ltd. 12(g)3-2(b) Exemption Application Schedule "A"

PART I – Documents required to be Made Public pursuant to the laws of the Province of British Columbia and the TSX Venture Exchange in connection with:

## News Release

1. ValGold Cancels and Amends Stock Options

# VALGOLD RESOURCES LTD.

Suite 1400 – 570 Granville Street Vancouver, B.C. V6C 3P1

www.valgold.com

October 4, 2005

Ticker Symbol: VAL-TSX Venture

SEC 12g3-2(b): 82-3339

#### VALGOLD CANCELS AND AMENDS STOCK OPTIONS

ValGold Resources Ltd. ("ValGold") reports that it has cancelled 900,000 of the 1,000,000 incentive stock options granted on April 26, 2005 (see news release of same date) to its directors and officers. The purpose for these cancellations is to correct the April 26, 2005, incentive stock options granted erroneously in excess of the allowable maximum number of available under ValGold's Stock Option Plan approved by shareholders on January 18, 2005.

Additionally, and subject to TSX Venture Exchange approval, ValGold amended an aggregate 3,575,000 incentive stock options (of which 2,950,000 granted to directors and officers will require additional disinterested shareholder approval) by adjusting the exercise price to \$0.25 per share to reflect current market conditions. Prior to the amendment ValGold's outstanding incentive stock options ranged in price from \$0.28 per share to \$0.64 per share. All other terms remain unchanged.

For further information on ValGold and its projects, visit our website, www.valgold.com.

## Stephen J. Wilkinson

President & Chief Executive Officer ValGold Resources Ltd. Tel: (604) 687-4622 Fax: (604) 687-4212

For further information please contact:
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No regulatory authority has approved or disapproved the information contained in this news release.